Congratulations!

You now own the most realistic and technologically advanced infant simulator in the world. To get started, you will need at least one RealCare Baby, Control Center Software and Communication Adapter. Reference the steps below to start your program.

Assemble these items:

1. Baby wearing yellow patch diaper and two-piece outfit*
2. Sleepwear, infant bodysuit and green patch diaper*
3. Bottle and/or breastfeeding device
4. One Student ID with wristbands to identify parent to Baby
5. Single Charger or 5-Baby Charger *(Single Charger pictured)*
6. RealCare Baby Communication Adapter *(USB extender enclosed but not pictured)*

*All clothing items contain sensors that can track which articles of clothing it is wearing and for how long.

NOTICE! RealCare® Control Center Software, participant video and curriculum available at: *bit.ly/REALCARE* (this link is case sensitive!) Password: realcare3

Please note: If this link is blocked by your organisation web filter, email support@virtualknowhow.com.au for an alternate link.

Charge Baby

Connect Baby to a Single Charger or 5-Baby Charger. For best results, charge Baby overnight. A full charge takes four to six hours.

NOTICE! *BABY BATTERY MAINTENANCE*

Important charging advice for optimizing Baby's battery life:

- Charge overnight, then unplug.
- Charge for a few hours at least once every three months if stored for long periods of time.
- Do NOT leave Baby plugged in for extended periods of time (longer than one month).
- Store indoors and in the plastic bag for optimal conditions. If not possible, every attempt should be made to keep Baby dry and clean.
- If stored in a very cold or very hot environment, allow 24 hours for Baby to adjust to a moderate temperature before use.
- Dramatic changes in temperature can cause water condensation inside Baby. Allow time for the condensation to evaporate before use.

What Do Baby's Lights Mean?

- **Solid red** – Baby is powered with greater than a 40 percent charge.
- **Flashing red** – Baby has less than a 40 percent charge.
- **No red light** – Baby battery is dead.
- **Solid green** – Baby is charging.
- **Flashing green** – Baby batteries are warming up; it will take 5 to 15 minutes for the light to become solid green.
- **Flashing Yellow light** – Baby communication status when used with RealCare Control Center software.

Install Control Center Software and Set Up Wireless Communication

1. Visit bit.ly/REALCARE (this link is case sensitive!) Password: realcare3 to download your software. Follow the software installation instructions.

2. Plug the USB end of the Communication Adapter into a USB port on your computer. Use the enclosed extender if needed.

3. Launch the Control Center Software.

   RealCare Control Center
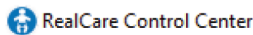
# Add Babies to Control Center

When Control Center Software starts, it displays the All Babies screen. The Baby list shows all Babies in the database. When run for the first time, the database is empty and Babies must be added.

1. On the Main Screen, select Add.
2. The Add Baby screen appears with complete instructions for adding each Baby.
3. Click the Back button to return to the Main Menu.

3
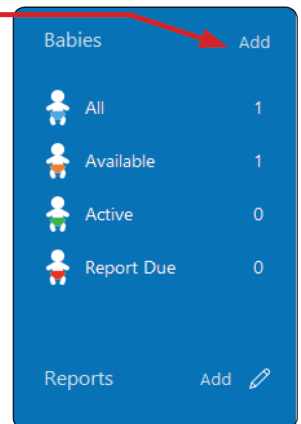
On the Main Screen, check the box for each Baby to be programmed. Start by doing one Baby first. Select Program Baby at the top. On the Program Baby Screen, use the Previous and Next buttons to toggle between Babies.

All Babies

Demo · Program Baby

X	Baby ID	Student
☐	ABY7A88	
☐	BABY A	
☐	BABY4107	
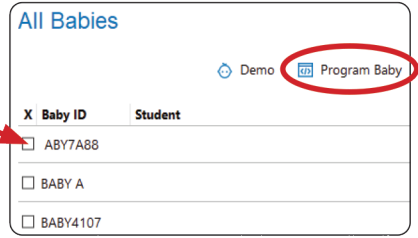
① Assign Class Name (optional)

When Baby completes a simulation, the Control Center software downloads a final report. The report appears in the Reports folder with the class name. Reports with no class name go in the No Class folder.

1. On the Program Baby screen, click the Class field down arrow.

Class
5th Period · [More Info]

2. Select a folder name by clicking an existing name in the dropdown menu or click --New Class-- to create a new class.

Class
No Class
- - New Class - -
No Class
Parenting 101
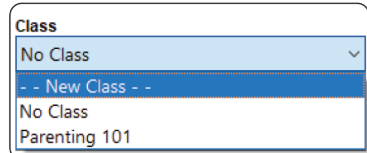
3. Clicking --New Class-- opens the Add Report Folder dialog window.
4. Enter the new folder name into the text field. The class folder name can be no longer than 15 characters (letters, numbers, and spaces).

Baby Control Center - Add Report Folder ✕

Please enter a name for the new folder

OK   Cancel
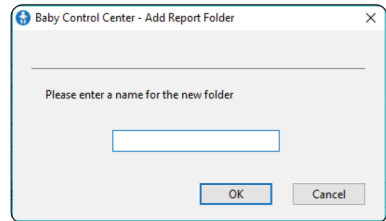
5. Click OK to save the folder name.

② Assign Student ID

Before starting a simulation, Baby needs to be assigned a Student ID.

This unique identification number on each ID allows Baby to recognize and record the caregiver's performance.
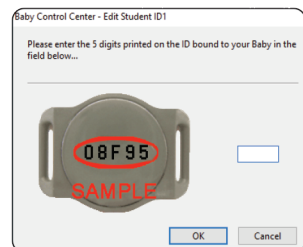
Student	ID1	ID2
	00017 ✏	00000 ✏

Baby Control Center - Edit Student ID1

Please enter the 5 digits printed on the ID bound to your Baby in the field below...

08F95
SAMPLE

OK   Cancel

Each Baby has the option of one or two IDs.
1. Click the pencil icon below ID1 or ID2.
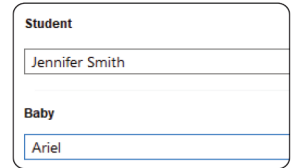2. Enter the five digits printed on the ID disc.
3. Click OK to save the ID number.

③ Assign Student and Baby Names (optional)

A student and Baby name can be assigned for each new simulation. When the simulation final report is downloaded to a report folder, the student name and the Baby name appear within the report. The student name and Baby name also appear on the Birth Certificate printout.
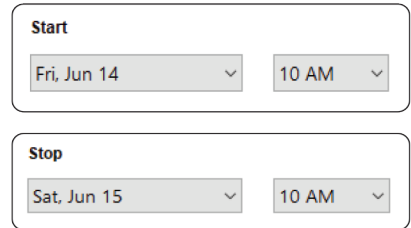
1. On the Program Baby screen, select the Student text field and enter the student name.
2. Select the Baby text field and enter a name.

④ Simulation Start and Stop Time

Before a simulation, the start and stop times must be scheduled. A simulation can be scheduled to start up to seven days in advance. A simulation can last from one hour to two days. Use the dropdown menus to select dates and times.
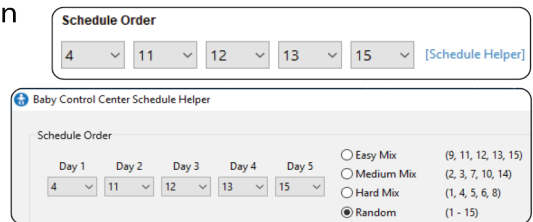

⑤ Select Schedule Order* (optional)

A specific schedule order or care level must be selected for the simulation before it starts. There are 15 schedules to choose from, ranked (optional) easy, medium or hard. A listing of the schedule numbers can be accessed through *www.realityworks.com/realcaredownloads*.

1. Click the Schedule Order down arrow and select the desired number. Repeat for each day of the simulation. Or...
2. Click Schedule Helper for a random mix (ranked Easy Mix, Medium Mix, Hard Mix or random).

*Baby will advance to the next schedule at 6 a.m. daily.

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⑥ Select Quiet Times (optional)

Quiet Times are preset time periods during the simulation when Baby does not require care, but will respond to mishandling. Up to three Quiet Times can be set for a 12 hour maximum each.

1. Click the first Quiet Time start down arrow and select desired day.
2. Click the next Quiet Time start down arrow and select the desired time.
3. Click the last Quiet Time start down arrow and select the duration.

4. The hours to the right indicate the total hours. If the number is lower than you expect, then check that all Quiet Times are during the scheduled simulation. Also, check for overlapping times.

Send Program to Baby

1. When done entering program data, click Done.
2. Review the Program Baby – Summary Screen.

3. Click Send to Baby(s). Baby will chime indicating program was received. Baby status will change to Active (see image).
4. Simulation will begin at chosen start day and time. To review Baby program details, click on the Baby ID to bring up the View Baby Information screen.

Print Simulation Reports

1. On the Active Babies screen, check the box next to the Baby you want a report for. More than one Baby can be selected.
2. Click Get Report and wait for the Status to change to Report OK.

3. Open the folder under Reports containing the report to be printed.
4. Check the box next to the Baby you want a report for. More than one Baby can be selected.
5. Click Print. The Print Reports - Summary screen will display.

6. Click Print for highlighted Baby(s) report to be printed.

Additional Help and Information

Complete User Guide

Complete programming and reporting instructions can be found in the Help section of Control Center Software.
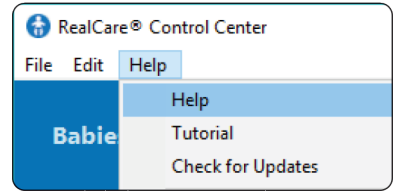
Online Product Support

We're here to help! Our FREE online training video tutorials, RealCare Self-Service Centre and Book a Support Call appointment, all of which make it easy for you to get support for products, software and more, day or night. Find our online product support area here:

www.virtualknowhow.com.au/realcaretraining.html

System Requirements

System Requirements for Control Center Software Operating systems supported for Control Center Software 4.3: Windows® 7, 8.0, 8.1 and 10 Macintosh® OS - 10.6 or later. Operating systems supported for older versions of Control Center Software: Windows® XP, Windows Vista®, Windows® 7, 8.x, Macintosh® OS - 10.4 or later, Not networkable.

RealCare Baby App

Designed for iPhone and Android, our FREE RealCare® Baby Guide App helps participants of a RealCare Baby simulation experience. The app features "how-to" information, frequently asked questions, video guides, safety precautions and stress management tips. These features may save you a late-night phone call!

Search for the RealCare Baby app - FREE on iphone, iPad and Android devices.

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